FITNESS FOR SENIORS...

FOR LIFE! www.rms-inc-usa.com @ 2006 734 439 1361 v 734 717 0991 c

Great Lakes Natural Bodybuilding 1st & 4th places cycling running strength training



Personal Fitness Senior Cycling Gold & Silver Medalist

Personal Advisor

speedorms@aol.com

please E-MAIL for more details, put FITNESS in subject line